

THE

renew™

EXPERIENCE™

2026

ATTENDEE
INFORMATION

SEPTEMBER
17-20, 2026

TheRENEWexperience.com
info@theRenewExperience.com
(203) 525-8981

A WORD FROM THE FOUNDER



The RENEW Experience[™] Retreat—now entering its third year—is a 4-day transformational retreat created to help women leaders step away from unrelenting demands, reclaim their energy, and return stronger across every dimension of their lives: mental, emotional, spiritual, and professional.

But the retreat is more than a single gathering. It is part of a year-round ecosystem that nurtures connection, accountability, and sustained growth. The experience offers the opportunity to reset, and the community ensures those shifts take root by strengthening leaders long after they return home to their day-to-day responsibilities.

This matters because when leaders are aligned and restored, organizations feel the impact. Cultures elevate, collaboration deepens, and decisions become more grounded and strategic.

I've lived this firsthand, and I've witnessed the transformation in hundreds of women whose renewed clarity has reshaped teams, families, organizations, and communities.

Thank you for considering The RENEW Experience[™] Retreat as an investment in the well-being, resilience, and long-term effectiveness of the leaders who carry so much, yet rarely pause to refuel.

KAREN HINDS
CEO & FOUNDER

THE RENEW EXPERIENCE™

WHAT IS THE RENEW EXPERIENCE™ RETREAT

Now in its third year, the retreat is a 4-day immersive journey that creates space for women leaders to pause, recenter, and return to their roles with renewed strength, confidence, and direction.

The experience blends leadership workshops, reflective practices, gentle movement, our signature Masterpiece Gala, and soul-nourishing conversations.

Participants gain greater clarity, confidence, and purpose. And because the retreat is also part of a year-round community, the transformation continues through shared learning, accountability, and practices that support sustained personal and professional growth.

WHO ATTENDS

The RENEW Experience™ Retreat was designed as an inclusive, female-focused experience. It brings together a diverse, high-caliber community of leaders across industries and stages of life and leadership, including:

- Executives, senior leaders, and rising talent
- Healthcare and education administrators
- Entrepreneurs and business owners
- Nonprofit and civic leaders
- College students and emerging young professionals
- Women navigating major transitions
- High-performing women seeking clarity, grounding, and renewed focus

While the retreat is designed for women, it welcomes partners, organizations, and champions who believe in strengthening women's leadership as a catalyst for broader impact.

WHAT SETS THE RENEW EXPERIENCE™ RETREAT APART

1. Holistic Leadership Approach

Integrating mind, body, and soul to build sustainable leadership capacity.

2. Five Commitments to “Leading Without Losing You”™

A proprietary framework that equips leaders with practical commitments to protect their well-being while strengthening leadership impact.

3. Spiritual & Soul Wellness

The Experience helps leaders reconnect with their values, inner compass, and purpose—fueling grounded decision-making and personal clarity.

4. Community & Connection

A supportive, year-round network that fosters accountability, authenticity, and meaningful personal and professional relationships.

5. Post-Event Continuity

A full ecosystem of coaching, leadership circles, and ongoing development opportunities that sustain transformation beyond the retreat.

IMPACT FOR ORGANIZATIONS INVESTING IN THEIR LEADERS

The RENEW Experience[™] Retreat strengthens the leadership capacity, well-being, and long-term effectiveness of women across all levels of an organization. Companies benefit when leaders are clear-minded, emotionally grounded, and able to sustain high performance without burning out.

It delivers organizational value by:

- Developing stronger leaders who think clearly, communicate effectively, and lead with greater emotional intelligence.
- Reducing burnout and turnover, protecting investments made in high-performing women.
- Strengthening leadership pipelines, preparing emerging talent for increased responsibility.
- Improving workplace culture, as participants return with healthier habits that enhance collaboration, presence, and psychological safety.
- Supporting year-round development through ongoing coaching, community, and learning pathways.
- Equipping leaders with The 5 Commitments to Leading Without Losing You[™], a proprietary framework for sustainable, self-managed leadership.

PARTICIPANT TESTIMONIALS



I think the difference is that when you go to most conferences, you leave feeling energized but the action falls short. Your experience offers accountability to act on intentions.

Inga Lee Returning Participant



As a young and recent graduate just starting my professional journey, I was deeply moved by the opportunity to connect with so many extraordinary women in leadership. I'm leaving with some new insight and more invaluable connections.

Jada Burton Participant



I returned for the second year as I doubled my business revenue being connected to this community of women.

Kimberly Joy The Joy of Homeownership
2024 & 2025 Sponsor

WHAT'S INCLUDED	VIP	REGULAR	STUDENT
2 Group Coaching Sessions	✓		
Fireside Chat with Guest Speaker	✓		
Early Access to Future Offerings	✓		
VIP Swag Bag	✓		
VIP Seating	✓		
Access to Free Online Community	✓	✓	✓
15% off RENEW Learn Membership	✓	✓	✓
The RENEW Experience™ Toolkit	✓	✓	✓
Welcome Reception	✓	✓	✓
Daily Guided Exercise	✓	✓	✓
The Arts Networking Experience	✓	✓	✓
The Masterpiece Gala	✓	✓	✓
Meals Provided	✓	✓	✓
Discount to Resort Spa	✓	✓	✓
Discount on Hotel Room Rate	✓	✓	✓

REGISTRATION RATES

		Holiday Special By Jan 31	Early Bird Jan 31 - May 15	Regular Registration May 16 - Sep 16
VIP Rates	Individual	\$1299	\$1499	\$1799
	Group >5	N/A	\$1299	\$1599
Regular Rates	Individual	\$999	\$1299	\$1499
	Group >5	N/A	\$1199	\$1299
Student Rates	Individual	\$499	\$499	\$499

Payment Plan Details

Regular Admission: 5 payments of \$269.80 Total \$1,359
VIP Admission: 5 payments of \$329.80 Total \$1,659

- Enrollment dates for the payment plan begin on January 5, 2026
- All payments must be completed by June 30th, 2026
- A \$60 processing fee is included in the payment plan
- The processing fee is distributed over the 5 payments.

REGISTER TODAY!

All tickets are non-refundable but transferable.



HOTEL INFORMATION

Belgrove Hotel & Spa

Hotel Block: We reserved a block of rooms at a special rate. Please book early, as it is first-come, first-served while supplies last.

Deadline for hotel reservation is September 7th.

The RENEW Experience™ Rate: \$185 per night plus fees and state tax

Spa Discount: Attendees to The RENEW Experience™ will receive 15% off spa services.

Parking: \$15 per day or \$28 per day with overnight parking

Airport: The closest airport is Palm Beach International Airport
Fort Lauderdale airport is 1 hour away
Miami International Airport is 1 hour and 15 minutes

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